

Education not just Certification

This is no ordinary online learning experience. This is an investment in your learning and your future. A quote from a trainer taking the course **"There simply is nothing else like this training out there. This is like a mini MBA!"**.

A quote from a highly respected industry expert **"I consider it to be the best course I have taken so far in my professional career."**

What is The Flow System?

The Flow System™ provides a re-imagined system for organizations to understand complexity, embrace teamwork, and autonomous team-based leadership structures. Not a framework, a system of learning and understanding.

The Flow System™ is a holistic FLOW based approach to delivering Customer 1st Value. It is built on a foundation of The Toyota Production System, also known as TPS and LEAN, plus a new triple helix structure known as the DNA of Organizations™.

The Flow System™ provides an understanding of different methods, patterns, practices, and techniques that enable organizations or institutions to achieve their desired outcomes.

Description of Course

The Flow System Foundations Course (FS-1) provides a brief overview of The Flow System (TFS) including the components that make up TFS, the background in the development of TFS, and a definition of TFS.

This course will highlight the core principles of TFS and will briefly introduce participants to the concepts that make up The Triple Helix of Flow along with a brief introduction to various tools and techniques available to participants for each of the three helixes.

Flow Thinking

In Flow Thinking we explore the concepts of Flow and Constructal Law. We look at Frameworks, the evolution of Lean, Value and the key concepts behind The Flow System. This module also covers the Toyota Production System and The Toyota Way, Customer 1st Principles and The Flow System Attributes.

Complexity Thinking

In Complexity Thinking we start with Systems Thinking and introduce you to Complexity Thinking, Deductive, Inductive and Abductive Reasoning before delving deeper into Empiricism and PDCA/PDSA. We look at Deming's System of Profound Knowledge as we journey into VUCA and onwards to Wicked Problems and Disruptive Innovation.

Your complexity journey is only just getting going as we learn about Cynefin and Complex Adaptive Systems, and we hear from Dave Snowden himself, the creator of Cynefin and a leading scholar of complexity theory.

As you start to make sense of Complexity we introduce Sensemaking and Weak Signal Detection (WSD), Anecdote Circles, Story Telling and Narratives along with Network Analysis. As you become proficient in these topics we continue our learning path with Empirical Process Control, Constraint Management, The Theory of Constraints, Prototypes, The OODA Loop and Scrum The Toyota Way.

Distributed Leadership

In Distributed Leadership you'll examine and learn about Psychological Safety (Dr Amy Edmondson) which transitions to Active Listening and Leader's Intent. You'll study Shared Mental Models and Team Mental Models before mastering the basics of Wardley Mapping, a key strategic planning tool.

Decision Making, Bias Towards Action and Collaboration together with Coaching and Mentoring skills come next. Following these important topics we will gain some of the most powerful skills when we examine Complex Facilitation and techniques such as The Future Backwards. We also look at Liberating Structures.

Our final section in this module examines Organizational Design as we look at why it matters and examine some techniques that can be applied in Lean and Agile contexts. We look at Value Streams and how they can be used to optimize the Flow of Value and some of the techniques to solving organizational bottlenecks and constraints.

Team Science

In Team Science you will really understand why Team Training is critical and why teams don't just become teams all by themselves. After the basics of Team Science you will learn about Human Centered Design, how to Design a Team, Identify Goals and gain Situational Awareness and grasp the importance of Developing Cognitions while understanding Influencing Conditions.

We then study Team Learning and Team Effectiveness and learn the formulas for calculating team effectiveness. Finally you'll learn the value and power of Red Teaming before we conclude with Multiteam Systems which are at the heart of all scaling approaches in Lean and Agile organizations and beyond. You'll also learn the team effectiveness formula for multiteam systems.

About the Online Experience

The course has in-depth learning resources with an well thought out mix of video, audio, presentation material, plus many links to resources, articles and other materials to deepen and consolidate knowledge, something that does not usually happen in most courses. You are also tested as you progress and guided where to review the content to ensure a full understanding is achieved.

Transcripts are provided for every lesson and all video and audio is accompanied by close captions (currently only English but translations coming soon). Hint: Google Chrome provides instant translation of all text without leaving the lessons.

This course is like nothing you have ever experienced before. This is university grade education and depending on the options chosen you can gain the direct support of the creators and founders as well as The Flow System experts and course stewards.

For full information see this link - getflowtrained.com/self-paced-learning/

Join a Learning Cohort

Cohort-based learning is a collaborative learning style in which individuals advance through an educational program together. It is typical for traditional, on-campus programs to use a cohort learning model. For example, many college programs take advantage of cohort learning. We consider this as an accelerated program akin to a rapid apprenticeship learning approach.

We offer a rolling open enrollment where students can join a cohort and meet other Flow learners as well as join private small group coaching sessions, and join private monthly webinars and discussions. For more information on cohort learning see this link - getflowtrained.com/cohort-learning-programs/

Receive Learning Support

All students gain access to the growing Flow System community on Slack. Here you can ask questions of the community as well as many experts and trainers who interact daily with members. Expanded options are available for direct access to the founders and creators, as well as personalized coaching as part of a learning cohort.

The Flow Guide is also available in 18 languages as of March 2021.

Objectives of Course

This course is an introductory course and is the foundation for all of the training materials to The Flow System. After successfully completing this course participants should be able to:

- Describe the purpose of The Flow System.
- Provide a description/definition for The Flow System.
- Identify the core principles of The Flow System.
- Describe the concept of Customer 1st and identify who the customer is.
- Describe the concept of Flow.
- Identify and describe the Triple Helix of Flow.
- Describe the concept of Complexity Thinking.
- Differentiate between the different domains of knowledge (clear, complicated, complex, chaos).
- Describe the concepts of Shared Leadership and Distributed Leadership.
- Describe the concept of Team Science.
- Explain the different components of successful teams (team effectiveness).
- Identify the different methods, techniques, and tools for each of the helixes in the Triple Helix of Flow.

Continuing the Journey



Figure 1. The Flow System Curriculum

The Flow System Advanced Accreditation

Participants completing the Foundations (FS-1) training will have two attempts at a final assessment. This is a rigorous assessment of all the skills attained during the training. It is a comprehensive knowledge based test of your understanding of the course content.

Once a Certification of Completion for The Flow System Foundations Course has been attained, participants can continue to any of the Advanced Courses (see Figure 1). Completing an Advance Course will also qualify you to progress onto a Mastery concentration.

As you progress testing is proctored and subject to peer review. Welcome to education vs certification.

The Flow System Advanced Learning Paths

The diagrams below outline the learning paths for the Advanced curriculum and Mastery concentrations that can be followed after successfully completing the Foundations FS-1 course.

Start your learning journey today by enrolling in one of the learning options at GetFlowTrained.com

Figure 2. The Flow System Advance Learning Paths

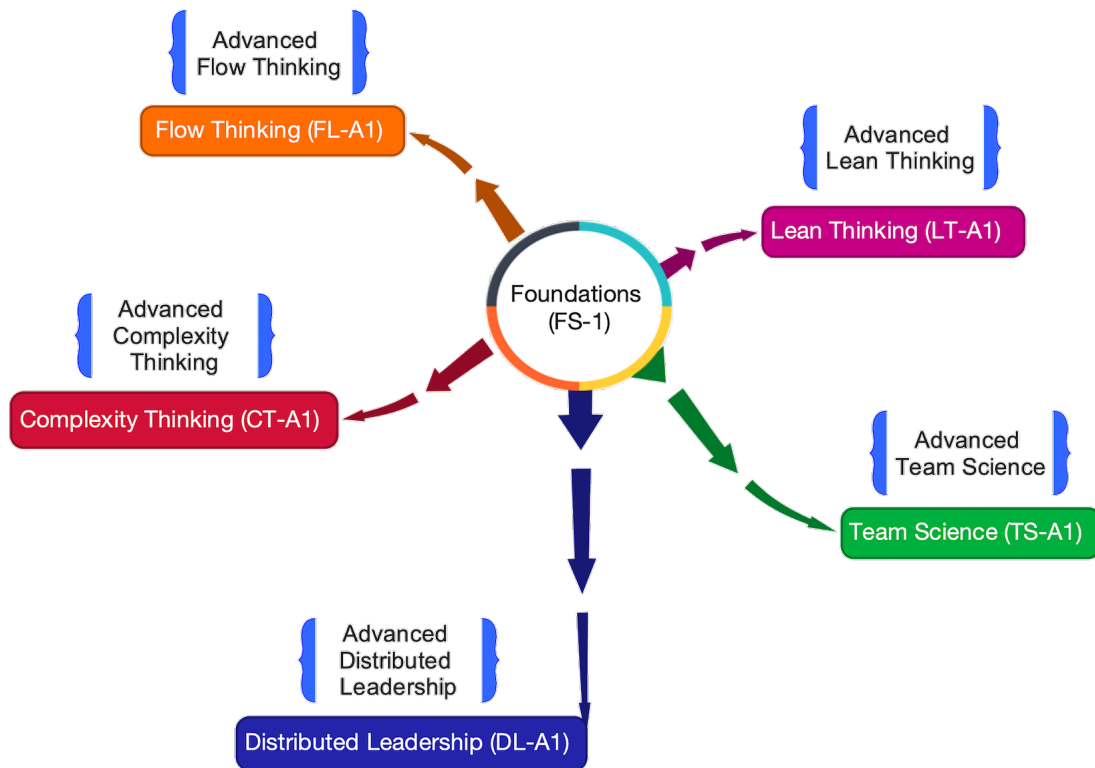


Figure 3. The Flow System Mastery Concentrations



Recommended Readings

The Flow System Reading Materials include:

- 1) The Flow System: The Evolution of Agile and Lean Thinking in an Age of Complexity;
- 2) The Flow System Guide;
- 3) The Flow System: Key Principles and Attributes.

1) **The Flow System: The Evolution of Agile and Lean Thinking in an Age of Complexity**

Available from Amazon.

Hardback: <https://amzn.com/1680400584/>

Kindle: <https://amzn.com/B08NXPGMSC/>

2) **The Flow System Guide**

Available online in 18 languages and narrated format (free) <https://flowguides.org/index.php>

Amazon book (print-to-order)

<https://amzn.com/B085KN39FP/>

Amazon Kindle Format

<https://amzn.com/B085PQFXFN/>

3) **The Flow System: Key Principles and Attributes** (Included in the book The Flow System ref 1. Above)

Amazon book (print-to-order)

<https://amzn.com/B085DQB92N/>

Amazon Kindle Format

<https://amzn.com/B085DHFNMT/>