

Connect the Three Helixes:

Flow can only be achieved when the three helixes are interconnected. To identify how this could occur, the next exercise requires the reader to identify examples of different methods from each of the other two helixes (complexity thinking, team science) that might work well with psychological safety.

COMPLEXITY THINKING



DISTRIBUTED LEADERSHIP



TEAM SCIENCE



CONNECT THE HELIXES

Select a scenario or problem that would benefit from implementing high levels of psychological safety.

Identify three methods from complexity thinking that could support building psychological safety and give a brief description about how they complement one another.

CT Method 1:

CT Method 2:

